



**SHAW CANCER CENTER**

**VAIL HEALTH**

*A service of Vail Health Hospital*

**You may keep this page.**

Appointment: \_\_\_\_\_ at \_\_\_\_\_ AM PM

**322 Beard Creek Road  
Edwards, CO 81632**

## **Family History Questionnaire**

**Please complete this questionnaire to the best of your ability.** While this can take some time, a review of your family history will allow us to provide you with hereditary cancer risk assessment, and to determine whether genetic testing would aid in the understanding of cancer for you and your family members. It is important that this form be returned before your appointment, as this information is needed for the genetic counselor to prepare for your visit.

The goal of genetic counseling is to help you learn more about the hereditary causes of cancer and how they affect you. During the appointment, the cancer in your family will be discussed and whether genetic testing may or may not be of benefit to you and your family members. If you receive genetic counseling, you are not obligated to pursue genetic testing. However, many insurance payers may require genetic counseling prior to genetic testing. On the day of your appointment, bring a photo ID and your insurance card with you. If your appointment is in less than one week, please bring this paperwork with you to your appointment.

**Please mail the completed form to:**

Genetic Counseling Program  
Shaw Cancer Center  
P.O. Box 2559  
Edwards, CO 81632

**or fax/e-mail to:**

970-470-6675 / [ShawPatientReferrals@vailhealth.org](mailto:ShawPatientReferrals@vailhealth.org) – ATTN: Genetics Counseling

***Please note: If you or one of your close relatives has already had genetic counseling for cancer risk assessment and/or genetic testing, please send us the following: a copy of the pedigree and/or detailed family history, consultation summary, and genetic test results on you or your relative(s).***

### **Instructions for completing the family medical history charts:**

- Please fill in all the questions asked and columns as completely as possible.
- Please record **ALL** relatives, **even if they do/did not have cancer or the medical condition of concern**.
- Please give as much information as possible about current ages, ages at death and ages of cancer diagnosis. **Approximate ages are better than no ages at all. Do not leave off ages.**
- If you have *no* relatives in any of the categories listed, please put an 'X' in the space for 'NONE'.
- Write **UNK** (unknown) if you do not know, or **NA** (not applicable) if the information requested does not apply.
- If individuals have had colon polyps, please write the number of polyps they had and the age at which they were found.
- If females have had their uterus or ovaries removed, please write what age the surgery took place.

**PERSONAL INFORMATION:**

Legal Name: \_\_\_\_\_ Date of birth: \_\_\_\_/\_\_\_\_/\_\_\_\_  Male  Female

Address: \_\_\_\_\_

Telephone: Home: \_\_\_\_\_ Work: \_\_\_\_\_ Cell: \_\_\_\_\_

Email(s): \_\_\_\_\_ Referring Doctor: \_\_\_\_\_

**What specific questions do you have for the genetic counselor?**

\_\_\_\_\_  
\_\_\_\_\_

**To help with risk assessment:**

**Ancestry/race/ethnicity (please mark all that apply):**

- White/Caucasian  Latina/Latino/Hispanic  African American/Black
- Asian/Asian American  Native American/Alaskan Native  Multiracial
- Other (specify): \_\_\_\_\_

If known, please list the *specific countries where your distant ancestors originated:*

Father's side: \_\_\_\_\_ Mother's side: \_\_\_\_\_

Because some health conditions occur more frequently in certain Jewish populations, please answer these questions:

- Is your father or are his ancestors Ashkenazi Jewish?  Yes  No  Unsure
- Is your mother or are her ancestors Ashkenazi Jewish?  Yes  No  Unsure

**For all patients:**

Working?  Yes  No  Retired Occupation (now and/or previous): \_\_\_\_\_

Exposures to work or environmental chemicals?  Yes  No Describe: \_\_\_\_\_

Tobacco Use (current or previous):  Yes  No Describe: \_\_\_\_\_

Alcohol Use (current or previous):  Yes  No Describe: \_\_\_\_\_

Non-prescription drugs (recreational):  Yes  No Describe: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Do you have any of the following (please check box)?

<input type="checkbox"/> Arthritis	<input type="checkbox"/> Asthma	<input type="checkbox"/> Bleeding problems	<input type="checkbox"/> Blood clots	<input type="checkbox"/> Blood disorders
<input type="checkbox"/> Colitis	<input type="checkbox"/> Diabetes	<input type="checkbox"/> Emphysema/COPD	<input type="checkbox"/> Gastroesophageal Reflux	<input type="checkbox"/> Glaucoma
<input type="checkbox"/> Heart attack	<input type="checkbox"/> Heart failure	<input type="checkbox"/> High cholesterol	<input type="checkbox"/> High blood pressure	<input type="checkbox"/> Kidney stones
<input type="checkbox"/> Liver problems	<input type="checkbox"/> Pneumonia	<input type="checkbox"/> Seizures	<input type="checkbox"/> Stroke	<input type="checkbox"/> Thyroid problems
Other: _____				

If you checked any of the above, please provide details and age at onset: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Have you ever been diagnosed with cancer?  Yes  No If yes, please provide: Diagnosis: \_\_\_\_\_

Age(s) at time of diagnosis: \_\_\_\_\_ Treatment: \_\_\_\_\_

Additional information: \_\_\_\_\_

List past surgeries and dates: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

List current medications with dose and frequency: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Age at first colonoscopy? \_\_\_\_\_ How often do you have colonoscopies? \_\_\_\_\_ Number of colonoscopies you have had? \_\_\_\_\_

Were any polyps found?  Yes  No  Unsure If yes, how many polyps were found? \_\_\_\_\_ Polyps found at what age? \_\_\_\_\_

**For women only:**

Date of last mammogram: \_\_\_\_\_ Date of last Pap smear: \_\_\_\_\_ Age at your first menstrual period: \_\_\_\_\_

Age at first childbirth: \_\_\_\_\_ Number of pregnancies: \_\_\_\_\_ Number of children and ages: \_\_\_\_\_

Ovaries removed:  No  Yes If yes, at what age? \_\_\_\_\_ Uterus removed:  No  Yes If yes, at what age? \_\_\_\_\_

Are you:  Premenopausal  Perimenopausal  Postmenopausal Age at menopause: \_\_\_\_\_

Oral birth control pills or hormone replacement therapy use:  Never  Current user Total # of years used: \_\_\_\_\_

More than 5 years ago  Less than 5 years ago

Number of breast biopsies you have had? \_\_\_\_\_

Have any breast biopsies revealed "atypical hyperplasia"?  Yes  No  Unsure If yes, at what age? \_\_\_\_\_

Have any biopsies revealed "lobular neoplasia"?  Yes  No  Unsure If yes, at what age? \_\_\_\_\_

**For men only:**

Date of last prostate/rectal exam: \_\_\_\_\_ Date of last PSA testing: \_\_\_\_\_ PSA test result: \_\_\_\_\_









